2014 FLORIDA NOT FOR PROFIT CORPORATION ANNUAL REPORT

DOCUMENT# N13000006567

Entity Name: F3 HEALTH AND WELLNESS, INC.

Current Principal Place of Business:

173 MARY ST WINTER GARDEN, FL 32787

Current Mailing Address:

173 MARY ST WINTER GARDEN, FL 32787

FEI Number: 46-3159472

Name and Address of Current Registered Agent:

GRIMES, JASON 173 MARY ST WINTER GARDEN, FL 32787 US FILED Feb 18, 2014 Secretary of State CC7676945346

Date

Certificate of Status Desired: Yes

The above named entity submits this statement for the purpose of changing its registered office or registered agent, or both, in the State of Florida.

SIGNATURE:

Electronic Signature of Registered Agent

Officer/Director Detail :

Title	P	Title	VP
Name	GRIMES, JASON	Name	CHAMBERS, RUTH
Address	173 MARY ST	Address	901 INDIANA ST
City-State-Zi	p: WINTER GARDEN FL 32787	City-State-Zip:	ORLANDO FL 32805
Title	S	Title	т
Name	DYKE, NEGAR	Name	ANDERSON, YVETTE
Address	427 BARCLAY AVE	Address	1524 ATLANTIS DR
City-State-Zi	p: ALTAMONTE SPRINGS FL 32701	City-State-Zip:	APOPKA FL 32703
Title	D	Title	D
Name	ANDERSON, NEQUOSHA	Name	BROCCO, TRACEY
Address	1524 ATLANTIS DR	Address	101 S EOLA DR #802
City-State-Zi	p: APOPKA FL 32703	City-State-Zip:	ORLANDO FL 32801

I hereby certify that the information indicated on this report or supplemental report is true and accurate and that my electronic signature shall have the same legal effect as if made under oath; that I am an officer or director of the corporation or the receiver or trustee empowered to execute this report as required by Chapter 617, Florida Statutes; and that my name appears above, or on an attachment with all other like empowered.

SIGNATURE: JASON GRIMES

PRESIDENT

02/18/2014

Electronic Signature of Signing Officer/Director Detail

Date